

Community Life Events February 2012 Breidegam



The Wellness Edge at Topton



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
			9:30 Meet & Greet 9:45 Sing Along 10:30 Morning Stroll 11:00 Group Exercise 11:45 Afternoon Meal 1:15 Move with Music 2:00 Bible Stories 2:30 Afternoon Snack 3:30 Walking 4:15 Pretty Nails 4:45 Evening Meal 5:15 Music Video 6:00 Cooking with Paula Dean 6:30 Walking 7:00 Games Shows 7:30 Evening Snac	9:30 Meet & Greet 9:45 Sing Along 10:30 Morning Stroll 11:00 Group Exercise 11:45 Afternoon Meal 1:15 Move with Music 2:00 Celebrating Groundhog Day *2:00 Walking, Water-Colors, Ball Toss 2:30 Afternoon Snack 3:30 Walking 4:15 Group Exercise 4:45 Evening Meal 5:15 Music Video 6:00 Sing Along 6:30 Walking 7:00 Game Shows 7:30 Evening Snack Groundhog Day	9:30 Meet & Greet 9:45 Trivia 10:30 Morning Stroll 11:00 Group Exercise 11:45 Afternoon Meal 1:15 Movement 2:00 Bingo Afternoon Snack 2:30 Catholic Mass -MPR 3:30 Walking 4:15 Stories or Trivia 4:45 Evening Meal 5:15 Music Video 6:00 Group Exercise 6:30 Walking 7:00 Game Shows 7:30 Evening Snack	9:30 Meet & Greet 9:45 Sing Along 10:30 Morning Stroll 11:00 Group Exercise 11:45 Afternoon Meal 1:15 Movement 2:00 Snowman Craft 2:00 Pretty Nails 2:30 Afternoon Snack 3:30 Walking 4:15 Group Exercise 4:45 Evening Meal 5:15 Music Video 6:00 Ball Toss 6:30 Walking 7:00 Sat. Evening Movie 7:30 Evening Snack
5	6	7	8	9	10	11
9:30 Meet & Greet 9:45 Hymn Sing 10:30 Morning Stroll 10:30 Worship Service AUD and MPR 11:00 Group Exercise 11:45 Afternoon Meal 1:15 Devotions with Pastor Biniek 2:00 Name That Tune *2:00 Reminisce, Puzzles, Ball Toss 2:30 Afternoon Snack 3:30 Walking 4:15 Pretty Nails 4:45 Evening Meal 5:15 Music Video 6:00 Sing Along 6:30 Walking 7:00 Spiritual Video 7:30 Evening Snack	9:30 Meet & Greet 9:45 Sing Along 10:30 Morning Stroll 11:00 Group Exercise 11:45 Afternoon Meal 1:15 Move with Music 2:00 Word Games 2:30 We@Topton Move to Music AUD 2:30 Afternoon Snack 3:30 Walking 4:15 Short Stories 4:45 Evening Meal 5:15 Music Video 6:00 Trivia 6:30 Walking 7:00 Game Shows 7:30 Evening Snack	9:30 Meet & Greet 9:45 Sing Along 10:30 Morning Stroll 11:00 Group Exercise 11:45 Afternoon Meal 1:15 Move with Music 2:00 Crafts *2:00 Memory Box, Folding, Bean Bag Toss 2:30 Afternoon Snack 3:30 Walking 4:15 Trivia 4:45 Evening Meal 5:15 Music Video 6:00 Paddle Ball 6:30 Walking 7:00 Game Shows 7:30 Evening Snack	9:30 Meet & Greet 9:45 Sing Along 10:30 Morning Stroll 11:00 Group Exercise 11:45 Afternoon Meal 1:15 Move with Music 2:00 Bible Stories 2:30 Afternoon Snack 3:30 Walking 4:15 Pretty Nails 4:45 Evening Meal 5:15 Music Video 6:00 Cooking with Paula Dean 6:30 Walking 7:00 Games Shows 7:30 Evening Snack	9:30 Meet & Greet 9:45 Sing Along 10:30 Morning Stroll 11:00 Group Exercise 11:45 Afternoon Meal 1:15 Move with Music 2:00 February Trivia *2:00 Walking, Water-Colors, Ball Toss 2:30 Afternoon Snack 3:30 Walking 4:15 Group Exercise 4:45 Evening Meal 5:15 Music Video 6:00 Sing Along 6:30 Walking 7:00 Game Shows 7:30 Evening Snack	9:30 Meet & Greet 9:45 Sing Along 10:30 Morning Stroll 11:00 Group Exercise 11:45 Afternoon Meal 1:15 Movement 2:00 Bingo Afternoon Snack 3:30 Walking 4:15 Stories or Trivia 4:45 Evening Meal 5:15 Music Video 6:00 Group Exercise 6:30 Walking 7:00 Game Shows 7:30 Evening Snack	9:30 Meet & Greet 9:45 Sing Along 10:30 Morning Stroll 11:00 Group Exercise 11:45 Afternoon Meal 1:15 Movement 2:00 Valentine's Craft 2:00 Pretty Nails 2:30 Afternoon Snack 3:30 Walking 4:15 Group Exercise 4:45 Evening Meal 5:15 Music Video 6:00 Ball Toss 6:30 Walking 7:00 Sat. Evening Movie 7:30 Evening Snack

February 2012 Breidegam Center

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

12	13	14	15	16	17	18
<p>9:30 Meet & Greet 9:45 Hymn Sing 10:30 Morning Stroll 10:30 Worship Service AUD and MPR 11:00 Group Exercise 11:45 Afternoon Meal 1:15 Devotions with Pastor Biniek 2:00 Lincoln's Birthday *2:00 Reminisce, Puzzles, Ball Toss 2:30 Afternoon Snack 3:30 Walking 4:15 Pretty Nails 4:45 Evening Meal 5:15 Music Video 6:00 Sing Along 6:30 Walking 7:00 Spiritual Video 7:30 Evening Snack</p>	<p>9:30 Meet & Greet 9:45 Sing Along 10:30 Morning Stroll 11:00 Group Exercise 11:45 Afternoon Meal 1:15 Move with Music 2:00 Bingo Afternoon Snack 3:30 Walking 4:15 Short Stories 4:45 Evening Meal 5:15 Music Video 6:00 Trivia 6:30 Walking 7:00 Therapy Dogs 7:30 Evening Snack</p>	<p>9:30 Meet & Greet 9:45 Sing Along 10:30 Morning Stroll 11:00 Group Exercise 11:45 Afternoon Meal 1:15 Move with Music 2:00 Strawberry Parfaits *2:00 Memory Box, Folding, Bean Bag Toss 2:30 Afternoon Snack 3:30 Walking 4:15 Trivia 4:45 Evening Meal 5:15 Music Video 6:00 Paddle Ball 6:30 Walking 7:00 Game Shows 7:30 Evening Snack Valentine's Day</p>	<p>9:30 Meet & Greet 9:45 Sing Along 10:30 Morning Stroll 11:00 Group Exercise 11:45 Afternoon Meal 1:15 Move with Music 2:00 Bible Stories 2:30 Afternoon Snack 3:30 Walking 4:15 Pretty Nails 4:45 Evening Meal 5:15 Music Video 6:00 Cooking With Paula Dean 6:30 Walking 7:00 Game Shows 7:30 Evening Snack</p>	<p>9:30 Meet & Greet 9:45 Sing Along AM Baking Birthday Cake 10:30 Morning Stroll 11:00 Group Exercise 11:45 Afternoon Meal 1:15 Move with Music 2:00 Birthday Party *2:00 Walking, Water- colors, Ball Toss 2:30 Afternoon Snack 3:30 Walking 4:15 Group Exercise 4:45 Evening Meal 5:15 Music Video 6:00 Sing Along 6:30 Walking 7:00 Game Shows 7:30 Evening Snack</p>	<p>9:30 Meet & Greet 9:45 Trivia 10:30 Morning Stroll 11:00 Group Exercise 11:45 Afternoon Meal 1:15 Movement 2:00 Bingo Afternoon Snack 3:30 Walking 4:15 Stories or Trivia 4:45 Evening Meal 5:15 Music Video 6:00 Group Exercise 6:30 Walking 7:00 Game Shows 7:30 Evening Snack</p>	<p>9:30 Meet & Greet 9:45 Sing Along 10:30 Morning Stroll 11:00 Group Exercise 11:45 Afternoon Meal 1:15 Move with Music 2:00 Reading 2:00 Pretty Nails 2:30 Afternoon Snack 3:30 Walking 4:15 Group Exercise 4:45 Evening Meal 5:15 Music Video 6:00 Ball Toss 6:30 Walking 7:00 Sat Evening Movie 7:30 Evening Snack</p>
<p>9:30 Meet & Greet 9:45 Hymn Sing 10:30 Morning Stroll 10:30 Worship Service AUD and MPR 11:00 Group Exercise 11:45 Afternoon Meal 1:15 Devotions with Pastor Biniek *2:00 Reminisce, Puzzles, Ball Toss 2:30 Winter Concert Wahl Street AUD 2:30 Afternoon Snack 3:30 Walking 4:15 Pretty Nails 4:45 Evening Meal 5:15 Music Video 6:00 Sing Along 6:30 Walking 7:00 Spiritual Video 7:30 Evening Snack</p>	<p>9:30 Meet & Greet 9:45 Sing Along 10:30 Morning Stroll 11:00 Group Exercise 11:45 Afternoon Meal 1:15 Move with Music 2:00 Bingo Afternoon Snack 3:30 Walking 4:15 Short Stories 4:45 Evening Meal 5:15 Music Video 6:00 Trivia 6:30 Walking 7:00 Game Shows 7:30 Evening Snack Presidents' Day</p>	<p>9:30 Meet & Greet 9:45 Sing Along 10:30 Morning Stroll 11:00 Group Exercise 11:45 Afternoon Meal 1:15 Move with Music *2:00 Memory Box, Folding, Bean Bag Toss 2:30 Mardi Gras Celebration AUD 2:30 Afternoon Snack 3:30 Walking 4:15 Trivia 4:45 Evening Meal 5:15 Music Video 6:00 Paddle Ball 6:30 Walking 7:00 Game Shows 7:30 Evening Snack</p>	<p>9:30 Meet & Greet 9:45 Sing Along 10:30 Morning Stroll 11:00 Group Exercise 11:45 Afternoon Meal 1:15 Move with Music 2:00 Watercolors 2:30 Ash Wednesday Service AUD 2:30 Afternoon Snack 3:30 Walking 4:15 Pretty Nails 4:45 Evening Meal 5:15 Music Video 6:00 Cooking With Paula Dean 6:30 Walking 7:00 Game Shows 7:30 Evening Snack</p>	<p>9:30 Meet & Greet 9:45 Sing Along 10:30 Morning Stroll 11:00 Group Exercise 11:45 Afternoon Meal 1:15 Move with Music 2:00 Reminisce *2:00 Walking, Water- colors, Ball Toss 2:30 Afternoon Snack 3:30 Walking 4:15 Group Exercise 4:45 Evening Meal 5:15 Music Video 6:00 Sing Along 6:30 Walking 7:00 Game Shows 7:30 Evening Snack</p>	<p>9:30 Meet & Greet 9:45 Sing Along 10:30 Morning Stroll 11:00 Group Exercise 11:45 Afternoon Meal 1:15 Move with Music 2:00 Bingo Afternoon Snack 3:30 Walking 4:15 Stories or Trivia 4:45 Evening Meal 5:15 Music Video 6:00 Group Exercise 6:30 Walking 7:00 Game Shows 7:30 Evening Snack</p>	<p>9:30 Meet & Greet 9:45 Sing Along 10:30 Morning Stroll 11:00 Group Exercise 11:45 Afternoon Meal 1:15 Move with Music 2:00 Fruit of the Month 2:00 Pretty Nails 2:30 Afternoon Snack 3:30 Walking 4:15 Group Exercise 4:45 Evening Meal 5:15 Music Video 6:00 Ball Toss 6:30 Walking 7:00 Sat Evening Movie 7:30 Evening Snack</p>
19	20	21	22	23	24	25

February 2012 Breidegam Center

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

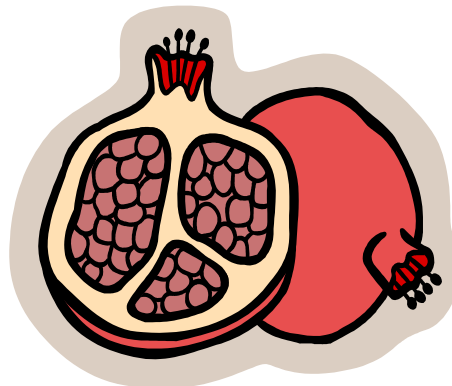
THURSDAY

FRIDAY

SATURDAY

26	27	28	29			
9:30 Meet & Greet 9:45 Hymn Sing 10:30 Morning Stroll 10:30 Worship Service - AUD and MPR 11:00 Group Exercise 11:45 Afternoon Meal 1:15 Devotions with Pastor Biniek *2:00 Reminisce, Puzzles, Ball Toss 2:30 Piano Recital AUD 2:30 Afternoon Snack 3:30 Walking 4:15 Pretty Nails 4:45 Evening Meal 5:15 Music Video 6:00 Sing Along 6:30 Walking 7:00 Spiritual Video 7:30 Evening Snack	9:30 Meet & Greet 9:45 Sing Along 10:30 Morning Stroll 11:00 Group Exercise 11:45 Afternoon Meal 1:15 Move with Music 2:00 Bingo Afternoon Snack 3:30 Walking 4:15 Short Stories 4:45 Evening Meal 5:15 Music Video 6:00 Trivia 6:30 Walking 7:00 Game Shows 7:30 Evening Snack	9:30 Meet & Greet 9:45 Sing Along 10:30 Morning Stroll 11:00 Group Exercise 11:45 Afternoon Meal 1:15 Movement 2:00 Floral Design *2:00 Memory Box, Folding, Bean Bag Toss 2:30 Afternoon Snack 3:30 Walking 4:15 Trivia 4:45 Evening Meal 5:15 Music Video 6:00 Paddle Ball 6:30 Walking 7:00 Game Shows 7:30 Evening Snack	9:30 Meet & Greet 9:45 Sing Along 10:30 Morning Stroll 11:00 Group Exercise 11:45 Afternoon Meal 1:15 Move with Music 2:00 Bible Stories *2:00 Walking, Short Stories, Folding 2:30 Afternoon Snack 3:30 Walking 4:15 Pretty Nails 4:45 Evening Meal 5:15 Music Video 6:00 Cooking with Paula Dean 6:30 Walking 7:00 Game Shows 7:30 Evening Snack Leap Year			

The fruit of the month:
Pomegranates



All programs and times are subject to change.

*All highlighted programs are held off the unit and require supervision to attend.

Auditorium=AUD
Deibert Hall DH
HHCC Rotunda=Rot.

Outdoor Programs will occur as weather permits.

* 2:00 pm Group Program– One will be presented by staff