



## Name Change with Expansion

Approval was granted by Girls on the Run International to expand our program into Union county. With this new territory, a name change was made to Girls on the Run of the Central Pennsylvania Region. Efforts are underway to present our program in the Lewisburg area.

## Leadership Lycoming Project

Girls on the Run was selected as a Leadership Lycoming project. Six individuals are assisting with marketing, fundraising efforts, and program sustainability.



On November 22, 2009, Charlotte Walsh and Youlin Diaz ran the Philadelphia marathon for Team Tiara. Both ladies exceeded their goal in raising money for Girls on the Run. Their outfits gained a lot of attention as they ran in tiaras and tutus. A special thanks to both runners and their sponsors.

# Winter Newsletter December 2008

## Fall Programs

Fall programs concluded at South Williamsport and the YWCA. Girls in the South Williamsport program ended with a community service project of collecting trash around their school. The YWCA hosted their first program, which concluded with a 3K run. There was tremendous support from family, friends, and community members. A tremendous thanks to Sophia Walker who coached her first season amidst many challenges. Photo below from the YWCA courtesy of the Williamsport Sun-Gazette.



## Seeking Volunteers

A coaches training is planned for January 17, 2009 at the Messiah Lutheran Church in South Williamsport on 324 South Howard Street. The training will be from 9:00a.m.—2:00p.m. Volunteers are always needed and truly appreciated. Contact Michelle McElwee at 322-7873 if interested.