



Spring Newsletter

April 2009

Spring Programs

Spring has become a busy time for Girls on the Run. In addition to the program held at Messiah Lutheran church, four other programs are being planned:

Lyter Elementary	March 24, 2009 – May 14, 2009
Cochran Elementary	April 21, 2009 – June 11, 2009
YMCA - Williamsport	April 20, 2009 – June 10, 2009
YMCA – Jersey Shore	April 27, 2009 – June 18, 2009

Messiah Lutheran Church

Girls on the Run presented their first program at a church. Kathy Wither, Donna Britton, and Michelle Koons coached this 8 week program that began on February 3 and concluded on March 26, 2009. The program used the GOTR curriculum along with a faith based devotion and prayer each lesson. Eleven girls enjoyed this unique experience.

Pictured below of the Girls starting their 3k run on March 21, 2009 at the South Williamsport Park Complex. The girls collected money for Family Promise of Lycoming county, an organization dedicated to providing housing for homeless families with children.



Hoss's Restaurant Fundraiser

Through a venture with Leadership Lycoming, Hoss' Restaurant held a Community Night Fundraiser for Girls on the Run. Thanks to the efforts of those who attended, \$152 was raised for our organization.

Seeking Volunteers

GOTR summer camps are being planned with schools and organizations throughout Lycoming county. Volunteers and coaches are needed at all locations to make this summer a success. There will be a coaches training on May 16, 2009. More information about the location will be shared later.

Volunteers are always needed and truly appreciated. Any questions contact Michelle McElwee at 322-7873 or via email at mcelweem@diakon.org.