A New Vision of Health Care and Rehabilitation

This is the Way to Live!

Skilled Nursing Care & Rehabilitation

Luther Crest
A Diakon Lutheran Senior Living Community
When the need arises, we offer a range of health-care services, including short-term rehabilitation therapy, traditional nursing care and restorative nursing care... all in a friendly, appealing community that is welcoming, inviting and nurturing.

The care experience we offer in our health care center is anything but institutional. Instead, residents feel as if they are part of a small, homelike community where everyone knows one another. We offer spacious private and semi-private rooms that are fully furnished and tastefully decorated. Our accommodations include accessible bathrooms, convenient handrails, individual heating and air conditioning, 24-hour emergency call systems and cable television.
SHORT-TERM REHABILITATION

Our rehabilitation services represent an important part of our focus on wellness. Whether it’s a hip or knee replacement or orthopedic rehabilitation following an injury, we are committed to helping patients revitalize their lives and return to the activities they most enjoy as quickly as possible.

Our team of physical, occupational and speech therapists offers short-term rehabilitation through which patients benefit from comprehensive, individualized care plans. Using a team approach including skilled nursing, medical, rehabilitation and dietary services, our dedicated staff members help residents maximize their safety and independence when returning home.

Our rehabilitation team also treats a variety of diagnoses such as arthritis, pain control, post-CVA, post-surgery, orthopedic conditions, neurological disorders, fall history, gait dysfunction, balance deficits and memory-related conditions.

OUR REHABILITATION PROGRAM AT A GLANCE

• Inpatient and outpatient therapies
• Skilled team of physical, occupational and speech/language therapists
• Home safety assessments
• State-of-the-art treatment approaches
• Treatment for medically complex conditions
• Comprehensive orthopedic rehabilitation programs
• Post-discharge exercise programs developed in combination with therapists and our Wellness Coordinator
• Wellness opportunities, such as lectures and screenings
• Discharge planning
• Pastoral support
**Personalized Care**

At our health care center, our individualized approach to care promotes choice, purpose and meaning in daily life. We recognize the importance of keeping the person at the center of the care-planning and decision-making process. We place a premium on active listening and observing, so we can adapt to each resident’s changing needs, regardless of cognitive abilities.

**24-Hour Support**

No matter what time of day or night, we offer personalized care around the clock. With 24-hour access to on-site nursing and comprehensive health-care services delivered by a dedicated team of professionals, we strive to provide the best possible outcomes for our residents.

Because we understand that care needs may arise unexpectedly, we also offer admissions 24 hours a day, seven days a week. Our goal is to make the transition to short-term rehabilitation or traditional nursing care as easy as possible for new patients and their families.

**Health-care Services**

- 24/7 access to on-site nursing
- Assistance with activities of daily living
- Restorative nursing care
- On-site medical services
- Medication management
- Pharmacy services
- Visiting physician
- Dental and podiatry services
- Dietitian
- On-site visits from eyewear and hearing aid vendors
- Respite care

**Rehabilitation Services**

- Physical therapy
- Occupational therapy
- Speech/language therapy
- Inpatient and outpatient short-term rehabilitation

**Specialty Care**

- Post-operative care
- Pain management
- Comprehensive orthopedic rehabilitation
- Treatment for medically complex conditions

**Exceptional Living**

From comfortable surroundings to a host of life-enriching amenities, including a beautifully landscaped outdoor courtyard, salon services and welcoming community rooms for socializing, our residents enjoy a lifestyle that includes an extensive recreation program tailored to resident needs and preferences.

From music and movies to field trips and worship services, the opportunities for personal fulfillment are endless. Dining is an experience all its own. Our residents enjoy restaurant-style dining in inviting dining rooms. Our trained servers always have time to help residents with daily menu choices. Assistance with meals is available in a separate restorative dining room, if necessary.
Warm & Inviting Atmosphere

- Interconnected buildings with covered, heated hallways
- Library with computer center
- Social lounges
- Wireless Internet access
- Convenient services on site
- Wellness center with fitness center and heated, indoor pool
- Medical Arts Building on campus including physician offices and medical services

Exceptional Dining Services

- Three nutritious meals per day
- Restaurant-style dining
- Spacious and well-appointed dining room
- Catering for private parties and themed dinners

Pastoral Care

- Staff chaplain
- Weekly church service
- Bible studies
- Bereavement and pastoral care counseling

Security & Maintenance

- Safety monitors
- Emergency call system
- Full-time environmental service staff
- Locked doors after hours

Social Activities

- Diversified social, cultural, recreational and religious programs
- Personalized activities
- Creative arts program
- Themed parties, group outings and holiday celebrations
- Interaction with community groups and organizations

Transportation

- Scheduled group trips to shopping, banking and recreational outings
- Local transportation to medical appointments
For Short-Term Rehabilitation or Traditional Nursing Care . . .

This is the Way to Live!

Call today to schedule a personal visit.

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