



Diakon Lutheran Social Ministries does not discriminate in admissions, the provision of services, or referrals of clients on the basis of race, color, religious creed, disability, marital status, ancestry, national origin, sexual orientation, age, or sex.

**DIAKON**  
*Many Hands. One Heart.*

Professional Counseling Services



**Choosing Diakon Family Life Services ensures:**

- ◆ Quality care from a master’s or doctoral-level counselor who has experience with your particular issue
- ◆ Counselors specifically trained and with experience in working with adults, children, youths, couples and families.
- ◆ Access to convenient locations throughout Northeastern Pennsylvania, with day, evening, and weekend appointments to fit your schedule
- ◆ Affordable care, with no person denied service when there is demonstrated financial need
- ◆ The incorporation of your personal faith/spirituality into your counseling experience, but only when and if this is important to you

*“From the intake interview to the sessions with my counselor, Diakon Family Life Services has shown compassion and respect far above other organizations we contacted.”*

*“I learned so much about myself ... my counselor understood who I was and what I wanted to do, and she helped me see a path to a bright spiritual future.”*

*My counselor “helped me to see the beauty in me and the possibilities I have in my future.”*

*“Thank you for being there when no one else was. God bless.”*

*“In just a few sessions, we were able to start working through our issues.”*

**Diakon Family Life Services**

Service locations conveniently located in **your** Northeastern Pennsylvania community

*Administrative office:*

**One South Home Avenue • Topton, PA 19562**

**Toll-free telephone: 1-888-499-2699**

**Fax: (610) 682-1580**

**E-mail: [fls@diakon.org](mailto:fls@diakon.org)**

**[www.diakon.org/fls](http://www.diakon.org/fls)**



**THE MISSION OF DIAKON**

*In response to God’s love in Jesus Christ, Diakon Lutheran Social Ministries will demonstrate God’s command to love the neighbor through acts of service.*



**DIAKON  
FAMILY LIFE  
SERVICES**

# COUNSELING FOR Healthy Relationships & Families... are what Diakon Family Life Services is all about. ADULTS & AND FAMILIES

Our long history of service has helped us to build a network of master's- and doctoral-level clinicians whose vast areas of expertise make it possible for us to match nearly every client's needs with the appropriate professional. Through these professionals, we provide a variety of outpatient counseling and consultative services for individuals, couples, children, youths, and families.

◆ **Professional Counseling Services**—a supportive healing service for those in emotional pain, transition, or crisis. Some common issues for which people seek counseling include:

- Grief and loss
- Depression
- Relationship/marital struggles
- Parenting
- Damaged self-esteem
- Anxiety
- Anger
- Domestic violence
- Victimization
- Substance use/abuse
- Sexual/sexuality concerns
- Blending families
- Life transitions

◆ **Support Groups**—professionally led, time-limited, small groups for individuals sharing a common experience or concern. Participants receive information, emotional support, and coping skills to address their shared concerns. Diakon Family Life Services can develop a support group to address nearly any identified need. Currently, the following support groups are offered throughout the year:

*Living with Loss* ([www.diakon.org/loss](http://www.diakon.org/loss))

*Surviving and Thriving after Separation or Divorce*

◆ **Professional Coaching Services**—a strategic, focused service that helps individuals identify and build on strengths to achieve defined professional and personal growth goals. Designing an action plan with continuing accountability is a key focus of the coaching model.

◆ **Drug and alcohol evaluation**—Certified Addictions Counselors evaluate and provide treatment-referral services to individuals who struggle with chemical dependency. In addition, Diakon Family Life Services



counselors provide aftercare counseling for those who have completed rehabilitation treatment as well as family therapy for those affected by a loved one's addiction.

◆ **Senior Transitions**—focused counseling and mediation service for the adult children of an aging parent facing difficult decisions (and perhaps disagreements) about the parent's care or ability to function, including physical or mental health concerns, financial planning, family responsibilities, and living arrangements.