

Our partner in ministry to the world....

The Family Life Services component of Tressler Counseling & Education-Capital Region, a service of Diakon Lutheran Social Ministries, offers quality therapy in a variety of congregational and community settings, making counseling more accessible and, for many clients, more comfortable than use of a clinic setting.

Family Life Services Counseling

- Treatment for depression, anxiety, marital issues, grief and loss, and other mental-health concerns
- Assessment and referral for substance abuse
- Professionally trained counselors
- Confidential services offered in a church setting
- Liberal sliding fee scale.

In addition, Family Life Services offers facilitated adult workshops on a range of issues, including . . .

- Marriage enrichment
- Parenting the young child
- Parenting the teenager
- Grief and loss
- Caring for aging parents
- Understanding care options for older adults
- Depression
- Stress management
- Anger management
- Substance abuse
- And much more.

Tressler Counseling & Education currently has program sites in Mechanicsburg, Carlisle, Newville, Harrisburg, and Elliottsburg.

For information or service, call Tressler Counseling/Family Life Services at (717) 795-0330 or (toll-free) at 1-866-700-6868.

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