

...serving adjudicated youths from across Pennsylvania
for more than 25 years, emphasizing the principles of ...
Responsibility, Accountability, and Community

For more information or referral
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Or email to
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Visit us on the web:
www.diakon.org/dwc

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><i>Character cannot be developed in ease and quiet. Only through experience of trial and challenge can the soul be strengthened, ambition inspired, and success achieved.</i> —Helen Keller</p>		<p>DAY 1 INTAKE</p>	<p>DAY 2 CAMP SKILLS & FOOD PACKING</p>	<p>DAY 3 CLIMBING WALL & GOAL SETTING <small>TRUST</small></p>	<p>DAY 4 ROCK CLIMB WHITE ROCKS <small>MORAL REASONING</small></p>	<p>DAY 5 LOW-ROPES INITIATIVES <small>TEAMWORK</small> SHOWERS/PHONE CALLS</p>
LEARNING PHASE: DEVELOP COMMUNITY						
<p>DAY 6 HIKE 7 MILES <small>SELF CARE/LNT</small></p>	<p>DAY 7 HIKE 5 MILES <small>CONFLICT RESOLUTION</small></p>	<p>DAY 8 HIKE 5 MILES <small>BARJ</small></p>	<p>DAY 9 ROCK CLIMB POLE STEEPLE <small>LEADERSHIP</small></p>	<p>DAY 10 HIKE 9 MILES <small>ANGER MANAGEMENT</small></p>	<p>DAY 11 HIKE 7 MILES <small>ATTITUDE IS A CHOICE</small></p>	<p>DAY 12 HIKE 5 MILES <small>HEALTHY HABITS</small></p>
MAIN EXPEDITION PHASE: DEVELOP RESPONSIBILITY						
<p>DAY 13 SOLOS PREP <small>INTEGRITY</small></p>	<p>DAY 14 CANOE <small>EFFECTIVE COMMUNICATION</small></p>	<p>DAY 15 HIKE 13 MILES <small>PERSONAL POWER</small></p>	<p>DAY 16 ROCK CLIMB SHAFFER ROCKS <small>NEGATIVE SELF-TALK</small></p>	<p>DAY 17 COMMUNITY SERVICE <small>DRUGS AND ALCOHOL</small> SHOWERS/PHONE CALLS</p>	<p>DAY 18 BEGIN SOLOS "IT ALL STARTS WITH SELF- REFLECTION. THEN YOU CAN KNOW AND EMPATHIZE MORE PROFOUNDLY WITH SOMEONE ELSE" —SHIRLEY MACLAINE</p>	<p>DAY 19 SOLOS <small>AUTOBIOGRAPHY</small></p>
MAIN EXPEDITION CONTINUES...				REFLECTION PHASE		
<p>DAY 20 SOLOS <small>VICTIM IMPACT</small></p>	<p>DAY 21 END SOLOS <small>PROCESSING THE EXPERIENCE</small></p>	<p>DAY 22 ALPINE TOWER SHOWERS/PHONE CALLS!</p>	<p>DAY 23 COMMUNITY SERVICE FINALS PLANNING</p>	<p>DAY 24 HIKE 5 MILES <small>EMOTIONAL VOCABULARY</small></p>	<p>DAY 25 HIKE 9 MILES <small>TRANSFERENCE</small></p>	<p>DAY 26 HIKE 10 MILES <small>MAPPING THE FUTURE</small></p>
REFLECTION PHASE			FINAL EXPEDITION PHASE:			
<p>DAY 27 HIKE 10 MILES <small>FAMILY VALUES</small></p>	<p>DAY 28 HIKE 8 MILES <small>RECOGNIZING YOUR RESOURCES</small></p>	<p>DAY 29 CLIMB HIGH ROPES <small>CREATING A TRANSITION PLAN</small></p>	<p>DAY 30 CLEAN-UP DAY <small>SPEECH AND GRADUATION PLANNING</small></p>	<p>DAY 31 GRADUATION! AND FAMILY DAY</p>	<ul style="list-style-type: none"> • 94% successful completion rate since 2008. • 95% of graduates on track educationally 6-months post discharge • 85% had no new offenses 	
DEVELOP ACCOUNTABILITY						