

Bridge + WAP Intensive Program

A Graduated Response to Help Youth Stay Safely in Their Homes

The Bridge + Weekend Alternative Program (WAP) Intensive track provides a structured, combined 120-day service designed to reduce out-of-home placements and strengthen youth and family functioning.

Program Goal

To provide a structured, supportive, and therapeutic alternative that strengthens youth, engages families, and reduces the need for out-of-home placement.

Program Structure

- Minimum 120 days of combined services:
 - Bridge services during the week
 - Five (5) WAP weekends integrated throughout the program period

Bridge Services

- Three or more mentor sessions weekly focused on weekend-specific goals, skill building, and competency work
- Twice-monthly family meetings to improve connection, communication, and accountability
- Use of evidence-based curriculum tailored to:
 - Competency development
 - Substance use needs
 - Individual youth goals
- Ongoing support to reinforce progress made during WAP weekends



WAP Weekend Components

- Adventure-based counseling to build confidence, responsibility, and resilience
- Motivational interviewing to develop individual goal plans
- Competency groups focused on:
 - Decision Making
 - Communication
 - Emotional Management
 - Victim Awareness

Community Service Opportunities

Youth participate in community service activities through both Bridge and WAP, encouraging responsibility, pro-social behavior, and connection to their community.

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