


BEHAVIORAL HOME HEALTH PLUS (BHHP) →


BHHP is a Community Care Behavioral Health program in Clinton/Lycoming County for adults ages 18 years and older who have a serious mental illness and medical concerns.

The **Behavioral Home Health Plus (BHHP)** program is vital as those who are diagnosed with a serious mental illness tend to have unmet medical needs, which can result in additional problems for their physical and mental health.

 Physical health concerns may include obesity, cardiovascular problems, diabetes, asthma/COPD, hyperlipidemia, and hypertension to name a few.



BHHP integrates care between mental health providers, primary care physicians, psychiatrists, case managers, and wellness coaches to decrease clinical gaps and improve quality of life. Wellness coaching is an integral part of BHHP, allowing patients to guide their treatment in the domain they feel they need to address the most.

 Wellness coaching may address physical health, getting more sleep, developing new patterns/routines or assistance with day-to-day functioning.



The **BHHP team at Diakon** consists of the clinical director, wellness navigator, clinicians, peer support specialists, and outside entities involved with patient care.



For more information,
please call **570-322-7873**
or visit: **diakon.org/fls**

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